

Perseverance

MAY 2022



SAY IT:

Perseverance means refusing to give up when life gets hard.

KNOW IT:

ASK A KID:

- Have you ever had a hard time with learning a concept at school? What did you do in order to finally accomplish your goal and learn?
- Can you think of a time when you have given up on something? How did it feel when you gave up? Now think of a time when you powered through and accomplished a goal even when it was hard. Contrast the two feelings.

ASK A GROWN UP:

- What are examples of things in your life that have been hard to persevere through as an adult or as a child?
- What are some things that you have done that have helped you persevere?
- Are there people in your life that you go to for help when life gets tough?

SEE IT:

Sit down together as a family and watch this scene from the movie *The Princess and the Frog* <https://www.youtube.com/watch?v=ThMwHKfzz1I>. This music scene depicts Tiana's journey of getting closer to achieving her dreams. She works hard each day and saves all of her money in hopes of opening up her own restaurant one day. The song "Almost There" is a great musical representation of refusing to give up when life gets hard.

BE IT:

A physical test of perseverance might be the ticket this month. Challenge your family to take on a physical endeavor in the near future such as a local Relay for Life walk or 5K run. Prior to the challenge, discuss as a family ways that you can persevere even when the going gets tough.

PHASE

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Have you done the math?

How many weeks do you have from now until your child graduates from high school? You have about 36 less than when the school year started!

No matter their age, kids need a few things over time:

LOVE gives them a sense of worth. Knowing they are loved and seeing others love each other gives an example of what your kids will look for in future relationships.

STORIES about their past, their family, and their environment give them a bigger perspective.

WORK that is appropriate for them helps to give them purpose and significance.

FUN helps give them connections to others.

GROUPS or **TRIBES** (a team, a youth group, a cast, a class, etc.) give them a sense of belonging and fitting in.

WORDS that encourage, support, and correct give them direction.

So don't miss it. This school year may be over, but there is still time to incorporate love, stories, work, fun, tribes, and words in the time you have left.