



MENUS FOR
March
Middle/High School
2024

BCSS SNP PROGRAMS OFFERED: FRESH FRUIT
AND VEGETABLE PROGRAM, CEP (SYSTEM WIDE)

Available Daily

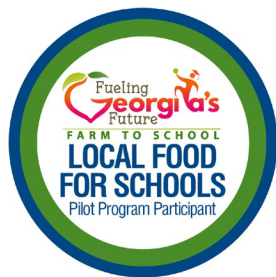
Breakfast:

Asst. Fruit Choices
100% Fruit Juice
Flavored Milk
Grab-n- Go Choice

Lunch:

Asst. Fruit Choices
Jam Bag
Flavored Milk
Pre-Plated Salads

Special Promotional Days Highlighted in Blue.
New Items Highlighted in Red.



Nutrition Nugget

Carrots

Carrots Promote healthy vision, balance blood sugar, and support your immunity.

Fun Fact: Carrots were not originally orange and Carrots are not in Vegetable Family, they are a root.



HARVEST
of the
MONTH

Carrots



Recipe of the Month
Honey Roasted Carrots

Ingredients

2 Pounds Carrot, Sliced 2 TBSP Honey
2 TBSP Salted Butter

Steps: Boil carrots 2-3 minutes, add butter and honey. Place in 400-degree oven for 15 minutes

**Featured Breakfast
Specials of the day**

Friday March 1, Warm Apple Frudel

Mon March 4, Chicken Biscuit

Tues March 5, Sausage Biscuit

Wed March 6 Breakfast Pizza

Thurs March 7, Bacon Cheese Croissant

Friday March 8, Pancake Pup

Mon March 11, Sausage Biscuit

Tues March 12, Chicken Biscuit

Wed March 13, Confetti Pancakes

Thurs March 14, Steak Biscuit

Friday March 15, Pull Apart Honey Bun

Mon March 18, Spicy Chicken Biscuit

Tues March 19, Sausage Biscuit

Weds March 20, French Toast Minis

Thurs March 21, Steak Biscuit

Friday March 22, Chicken Biscuit

Mon March 25, Sausage Biscuit

Tues March 26, Steak Biscuit

Wed March 27, Confetti Pancakes

Thurs March 28, Chicken Biscuit

Friday March 29, Mini Cini



#NSBW24 will take place March 4-8, 2024.

Featured Lunch Specials of the Day

National Nutrition Month

Friday, March 1

Crispy French Bread or **Cheesy Lasagna Roll w/Marinara Sauce /Warm Garlic Knot**, Fresh Garden Salad, Orange Glazed Carrots, Fruity Gel Cup
Harvest of the Month

National School Breakfast Week Nutrition Focus – Carrots, Vitamin A

Mon, March 4

Homemade Brunswick Stew w/Crackers or Crunchy Corndog, Crispy Waffle Fries, Homemade Coleslaw, Warm Chocolate Fudge Brownie

Tues, March 5

Warm Cheese Sticks w/Marinara or Spicy Orange Chicken w/Seasoned Rice, Buttered Corn, Seasoned Lima Beans
Nutrition Education Dick and Jane Cookies

Weds, March 6 – Breakfast for Lunch

Crispy Chicken/Waffles or Fresh Pork Sausage/Cheese Biscuit, Seasoned Potato Triangles, Fresh Sliced Tomatoes. Chilled Juice Cup
Locally Purchased Pork from Hunter Cattle

Thurs, March 7

Homemade Tator Tot Casserole w/Roll or Cheesy Wild Mike's Pizza, Seasoned Black-eyed Peas, Fresh Carrots w/Dip

Friday, March 8

Cheesy Stuffed Crust Pizza or Homemade Chicken Tetrizzini w/Warm Roll, Fresh Spinach Salad, Seasoned Green Beans
Read Across America Week March 2-6

Nutritional Focus – Milk, Protein

Mon, March 11

Cheesy French Bread or Homemade Macaroni and Cheese w/Little Smokies w/Roll, Seasoned Collard Greens, Fresh Veggies w/Ranch

Tues, March 12

Cheesy Chili Crispito or Spicy Beef Nachos, Spicy Salsa, Fresh Lettuce and Tomato, **Spicy Mexican Beans**, Cinnamon Apples, Warm Cookie

Weds, March 13

Crispy Chicken Nuggets w/Dip or Homemade Spaghetti, Fresh Caesar Salad, Seasoned Green Beans, Warm Garlic Knot

Thurs, March 14

Cheeseburger on Bun or Cheesy Calzones w/Marinara Sauce, Lettuce/Tomato Salad, Pickle Spears, Buttered Corn
Saint Patrick's Day Cookie

Friday, March 15

Managers Choice Entree or Saucy BBQ Chicken w/Roll, Cheesy Au Gratin Potatoes, Fresh Garden Salad
Nutrition Education Dick & Jane Cookies

Nutritional Focus – Oranges, Vitamin C

Mon, March 18

Cheesy Pan Pizza or Crunchy Country Fried Steak w/Biscuit, Buttered Mashed Potatoes, Seasoned Sweet Peas

Tues, March 19

Chicken Tenders w/Honey Mustard or Homemade Meatloaf, Orange Glazed Carrots, Warm Roll, Fluffy Yellow Rice, Fresh Veggies w/Dip
National Poultry Day

Wed, March 20

Homemade Chili w/Crackers or Hotdog on Bun, Baked Potato w/Fixings, Fresh Broccoli w/Cheese, Warm Cinnamon Roll

Thurs, March 21

Homemade Poppy Seed Chicken w/Rice or Students Choice, Fresh Garden Salad, Or Homemade Squash Casserole, Warm Roll

Friday, March 22

Homemade Spicy Taco Soup w/Tortilla Chips or Mini Corndogs w/ Ketchup and Mustard, Saucy Baked Beans, Crispy Sweet Potato Fries
Nutrition Education Dick & Jane Cookies

Nutritional Focus – Apples, Fiber

Mon, March 25

Manager's Choice or Chicken Nuggets w/Honey Mustard, Warm Roll, Fresh Caesar Salad, Sweet Corn Nuggets

Tues, March 26

Crunchy Taco or Cheesy Quesadilla Bites, **Spicy Mexican Corn**, Fresh Lettuce/tomato/Cheese, Spicy Salsa Cinnamon Apples *Dick & Jane Cookies*

Wed, March 27

Cheesy Pan Pizza or **Spicy Buffalo Chicken Grilled Cheese**, Seasoned Green Beans, Fresh Carrots w/Dip, Birthday Cake, Vanilla Ice-Cream
Monthly Birthday Celebration

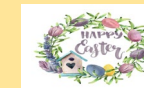
Thurs, March 28

Curveball Hotdog or Take me to the Ballgame Cheeseburger, Homerun French Fries, Strike out Baked Beans, Popcorn
Baseball MLB Opening Day

Friday, March 29

Basket Lunch – Good Friday

Crispy Chicken Sandwich, Seasoned Potato Tots, Fresh Lettuce/tomato/Pickle, Fresh Whole Apple



“Service Minded Hunger Focused”

*Scratch cooking daily, so
parents don't have to!*

