

MENUS FOR
Elementary
March
2024

BCSS SNP PROGRAMS OFFERED: FRESH FRUIT
AND VEGETABLE PROGRAM, CEP (SYSTEM WIDE)

Available Daily

Breakfast:

Asst. Fruit Choices
100% Fruit Juice
Flavored Milk
Cereal Bar

Lunch:

Asst. Fruit Choices
Jam Bag
Flavored Milk
Pre-Plated Salads

Special Promotional Days Highlighted in Blue.
New Items Highlighted in Red.



Nutrition Nugget

Carrots

Carrots Promote healthy vision, balance blood sugar, and support your immunity.

Fun Fact: Carrots were not originally orange and Carrots are not in Vegetable Family, they are a root.



Carrots



Recipe of the Month Honey Roasted Carrots

Ingredients

2 Pounds Carrot, Sliced 2 TBSP Honey
2 TBSP Salted Butter
Steps: Boil carrots 2-3 minutes, add butter and honey. Place in 400-degree oven for 15 minutes

Featured Breakfast Specials of the day

Friday March 1, Warm Apple Frudel
Mon March 4, Chicken Biscuit
Tues March 5, Apple French Toast
Wed March 6, Smile Mini Donuts
Thurs March 7, Cinnamon Roll
Friday March 8, Breakfast Pizza
Mon March 11, Strawberry Pop Tart
Tues March 12, Sausage Biscuit
Wed March 13, Apple Frudel
Thurs March 14, Smile Mini Donuts
Friday March 15, Pull Apart Honey Bun
Mon March 18, Mini Cini
Tues March 19, Pancake Pup
Weds March 20, Chicken Biscuit
Thurs March 21, Mini Donut Holes
Friday March 22, French Toast Minis
Mon March 25, Smile Mini Donuts
Tues March 26, Warm Muffin Top
Wed March 27, Confetti Pancakes
Thurs March 28, Chicken Biscuit
Friday March 29, Sausage Biscuit



#NSBW24 will take place March 4-8, 2024.

Featured Lunch Specials of the Day

National Nutrition Month

Friday, March 1

Crispy French Bread or **Cheesy Lasagna Roll w/Marinara Sauce /Warm Garlic Knot**, Fresh Garden Salad, Orange Glazed Carrots, Fruity Gel Cup
Harvest of the Month

National School Breakfast Week

Nutrition Focus – Carrots, Vitamin A

Mon, March 4

Homemade Brunswick Stew w/Crackers or Crunchy Corndog, Crispy Waffle Fries, Homemade Coleslaw, Warm Chocolate Fudge Brownie

Tues, March 5

Warm Cheese Sticks w/Marinara or Spicy Orange Chicken w/Seasoned Rice, Buttered Corn, Seasoned Lima Beans
Nutrition Education Dick and Jane Cookies

Weds, March 6 – Breakfast for Lunch

Crispy Chicken/Waffles or Fresh Pork Sausage/Cheese Biscuit, Seasoned Potato Triangles, Fresh Sliced Tomatoes. Chilled Juice Cup

Locally Purchased Pork from Hunter Cattle

Thurs, March 7

Homemade Tator Tot Casserole w/Roll or Student's Choice, Seasoned Black-eyed Peas, Fresh Carrots w/Dip

Friday, March 8

Cheesy Stuffed Crust Pizza or Homemade Chicken Tetrizzini w/Warm Roll, Fresh Spinach Salad, Seasoned Green Beans
Read Across America Week March 2-6

Nutritional Focus – Milk, Protein

Mon, March 11

Wild Mike's Cheese Bites or Homemade Macaroni and Cheese w/Little Smokies w/Roll, Seasoned Collard Greens, Fresh Veggies w/Ranch

Tues, March 12

Cheesy Chili Crispito or Spicy Beef Nachos, Spicy Salsa, Fresh Lettuce and Tomato, Seasoned Black Beans, Cinnamon Apples, Warm Cookie

Weds, March 13

Crispy Chicken Nuggets w/Dip or Homemade Spaghetti, Fresh Caesar Salad, Seasoned Green Beans, Warm Garlic Knot

Thurs, March 14

Cheeseburger on Bun or Cheesy Calzones w/Marinara Sauce, Lettuce/Tomato Salad, Pickle Spears, Buttered Corn,
Saint Patrick's Day Cookie

Friday, March 15

Managers Choice Entree or Saucy BBQ Chicken w/Roll, Cheesy Au Gratin Potatoes, Fresh Garden Salad
Nutrition Education Dick & Jane Cookies

Nutritional Focus – Oranges, Vitamin C

Mon, March 18

Cheesy Pan Pizza or Crunchy Country Fried Steak w/Biscuit, Buttered Mashed Potatoes, Seasoned Sweet Peas

Tues, March 19

Chicken Tenders w/Honey Mustard or Homemade Meatloaf, Orange Glazed Carrots, Warm Roll, Fluffy Yellow Rice, Fresh Veggies w/Dip
National Poultry Day

Wed, March 20

Homemade Chili w/Crackers or Hotdog on Bun, Baked Potato w/Fixings, Fresh Broccoli w/Cheese, Warm Cinnamon Roll

Thurs, March 21

Homemade Poppy Seed Chicken w/Rice or Students Choice, Fresh Garden Salad, Or Homemade Squash Casserole, Warm Roll

Friday, March 22

Homemade Spicy Taco Soup w/Tortilla Chips or Mini Corndogs w/ Ketchup and Mustard, Saucy Baked Beans, Crispy Waffle Fries

Nutrition Education Dick & Jane Cookies

Nutritional Focus – Apples, Fiber

Mon, March 25

Manager's Choice or Chicken Nuggets w/Honey Mustard, Warm Roll, Fresh Caesar Salad, Sweet Corn Nuggets

Tues, March 26

Crunchy Taco or Cheese Quesadilla Bites, **Spicy Mexican Corn**, Fresh Lettuce/tomato/Cheese, Spicy Salsa Cinnamon Apples

Wed, March 27

Cheesy Pan Pizza or **Spicy Buffalo Chicken Grilled Cheese**, Seasoned Green Beans, Fresh Carrots w/Dip, Birthday Cake, Vanilla Ice-Cream

Monthly Birthday Celebration

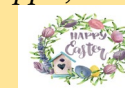
Thurs, March 28

Curveball Hotdog or Take me to the Ballgame Cheeseburger, Homerun French Fries, Strike out Baked Beans, Popcorn
Baseball MLB Opening Day

Friday, March 29

Basket Lunch – Good Friday

Crispy Chicken Sandwich, Seasoned Potato Puffs, Fresh Lettuce/tomato/Pickle, Fresh Whole Apple, *Dick & Jane Cookies*



“Service Minded Hunger Focused”

Scratch cooking daily, so

parents don't have to!

